If you would like to carry your medical information with you, you can print this portable health card on normal printer paper.

Simply print this page and fill in your details. Then cut out the Medicard, fold in half, then in half again. It will be the same size as a credit card and will easily fit into a wallet or purse.

BHD foundation MEDICAL INFORMATION CARD FOR BIRT-HOGG-DUBÉ SYNDROME	
I have Birt-Hogg-Du Symptoms of BHD: • Skin lesions (fibrofolliculomas) • Lung cysts and Pneumothorax • Kidney cysts and Kidney Cancer	My symptoms are:
Name: Emergency Contact: Tel: Primary Doctor: Tel: Lung Specialist: Tel: Kidney Specialist: Tel:	
Past Treatment for BHD: Lungs: Kidneys: Skin: Other Medications: Allergies:	